

Pre-op instructions for IV Sedation

HISTORY:

Any personal illness, weakness or unknown susceptibility must be reported; also details of any drugs recently prescribed or being taken – especially sleeping pills, tranquilizers or cortisone preparations.

PREPARATIONS:

- No food or drink should be taken for at least **SIX (6) hours** before the appointment. TO DO OTHERWISE MAY BE LIFE THREATENING. A small amount of liquid taken with the medications prior to the surgery is acceptable.
- The last meal should be light, easily digestible and contain no fats or fried foods. Stomach, bowels and bladder should be empty. Please use bathroom immediately prior to appointment to ensure empty bowels and bladder.
- A responsible driver must accompany you to your appointment, stay on the premises for the duration of the appointment, and transport you home
- **STAY VERY HYDRATED DAY PRIOR TO SURGERY!** This is very important as it helps us easily start the IV.
- ABSOLUTELY NO ALCOHOLIC BEVERAGES SHOULD BE INGESTED **24 HOURS** BEFORE APPOINTMENT.
- Usually any regular medications are taken as normal with only a small sip of water the morning of sedation (only exception to no food or drink 6 hours prior to procedure), whereas some medications will need to be altered or skipped depending on the medical condition and the procedure.
- Please remember to wear comfortable clothing with loose sleeved shirts to allow access to your arms for an IV line and for monitoring of your blood pressure & heart.
- Contact lens wearers should refrain from wearing contacts for that day. Please also refrain from wearing jewelry and **NAIL POLISH**.
- During WINTER months please wear very warm clothing so as to ensure patent veins.
- If you should develop a cold or the flu, sore throat or other type of infection please inform the office 24 hours prior to your appointment.

HOW IS THE IV ADMINISTERED?

A thin needle will be introduced into a vein in your arm or hand. The needle will be attached to an intravenous tube through which medication will be given to help you relax and feel comfortable.

Some patients may be asleep while others will slip in and out of sleep. Some patients with medical conditions and/or on specific drug regimens may only be lightly sedated and may not sleep at all.

Post-op instructions for IV Sedation

Any patient accepting IV sedation must agree to the following:

- Arrangements must be made for a responsible party to accompany the patient to the appointment, remain on the premises during the appointment, accompany the patient home and remain with the patient afterwards.
- Medications, drugs, anesthetics and prescriptions may cause drowsiness, lack of awareness and coordination all of which can be increased by the use of alcohol or other drugs; therefore I have been advised, I understand and agree not to operate any vehicle, automobile, motorcycle, bicycle, machinery, hazardous devices nor work or undertake in any responsible business matters while under the affect of said medications and/or drugs. I agree not to operate any of the aforementioned vehicles or partake in any responsible activities until fully recovered from the affects of the medications for at least 24 hours after my release from dental treatment/surgery or until further recovered from the affects of the anesthetic medication and drugs that may have been given to me in the office or post-operatively for pain management.
- Some patients, especially in those who bruise easily, may develop a discolored area on the arm or in the area where the IV medications were introduced to the body which may persist for several days to several weeks afterwards. It may cause tenderness up the extremity and a hard cord-like knot may develop at the site of injection. This phenomenon is called thrombophlebitis and is rare but can occur and will eventually disappear.

Additional Information

Intravenous sedation makes lengthy or complex dental or oral surgical treatment comfortable and easy for you. It reduces anxiety, stress, discomfort, memory, time and awareness from the procedure. You enjoy a relaxing and pleasant sleepy state whilst you maintain your ability to breathe for yourself, maintain your protective reflexes and your ability to respond verbally to us if required.

You will still be administered local anaesthetic in your mouth after you are sedated. Following your procedure you will be afforded appropriate monitored recovery time in the surgery or recovery area until you are ready to be discharged.

Our practice is specially equipped and qualified for IV Sedation treatments, the safe monitoring of sedated patients and for managing sedated patients and medical emergencies. However as with any anaesthetic procedure IV Sedation is not without risk and there is an *extremely* remote risk of serious medical complications such as allergic reactions (previously unknown) to any of the medications used, or cardiovascular/respiratory compromise leading to cardiac arrest, brain damage, coma or death. To ensure your safety, intravenous sedation in the dental practice setting should be administered by a suitably qualified medical or dental practitioner. Dr Benjamin Jump has IV Sedation certification from Duquesne University, School of Pharmacy.

IF YOU ARE HAVE ANY QUESTIONS PLEASE DO NOT HESITATE TO CALL OUR OFFICE:
614-890-3130