

# CROSSWINDS DENTAL

APRIL 2018

## MAY IS STROKE AWARENESS MONTH!

### DO YOU KNOW THE SIGNS OF A STROKE?

- \* Face Drooping (if one side of the face is drooping or feels numb.) Have them smile and if one side is drooping they could be having a stroke.
- \* Is one arm weak or numb? Have the person raise both of their arms, does one drift downward?
- \* Difficulty with speech. Are they slurring their words? Is it difficult to understand what they are saying? Have them repeat a simple sentence like my name is Sally. Can they correctly repeat the words?
- \* If the person has one or more of these symptoms call 9-1-1 immediately. Try to remember when the first symptoms appeared so that you can tell first responders.



Join us on May 30<sup>th</sup> at the Westerville Community Center for their Senior Health and Fitness Day. From 9:00 am to 11:00 am we will be doing complimentary oral cancer screenings 😊

### DO YOU HAVE AN AMAZING MOTHER?

Please submit a quick paragraph explaining why your mother is the greatest to [office@crosswindsdental.com](mailto:office@crosswindsdental.com), include your name and your mother's name and contact information and she will be entered for a chance to win **FREE Whitening** trays/gel. And maybe another fun surprise 😊 drawing to take place May 10<sup>th</sup> Just in time for **Mother's Day!**

Bubble Mix: Measure 6 cups of water into one container, then pour 1 cup of dish soap into the water and slowly stir it until the soap is mixed in. Try not to let foam or **bubbles** form while you stir. Measure 1 tablespoon of glycerin or 1/4 cup of corn syrup and add it to the container. Stir the solution until it is mixed together. Enjoy!

## Featured

### Team Member



Gloria has lived in Ohio for the past 18+ years. She graduated from the Dental Hygiene Program at Sinclair Community College in Dayton, OH in 2008. Gloria currently resides in Marysville with her kids, boyfriend and fur babies. Outside of the office, Gloria enjoys spending time with her family and friends. She also loves a good OSU or Bengals football game.

Hey Kids check out this fun bubble recipe!